# ABA Token Board

## About This Resource
This token board is designed using Applied Behavior Analysis (ABA) principles to help increase motivation and reinforce positive behaviours. Children earn tokens for completing tasks or demonstrating appropriate behaviours, and exchange them for a reward.

## What is a Token Board?
A token board is a visual system where a child earns tokens (e.g., stars, stickers) for desired behaviours. Once all tokens are collected, the child receives a reward (e.g., toy, break, preferred activity).

## What's Included
This resource includes two versions of token boards:
- **10-Token Board**
  - Suitable for younger children or beginners
  - Shorter waiting time for reinforcement
- **15-Token Board**
  - Suitable for children who can wait longer
  - Builds delayed gratification and endurance

## Choosing the Right Board
- Use 10 tokens for beginners or shorter tasks
- Use 15 tokens for longer tasks or when your child is ready
- Adjust based on your child's attention span and success level

## How to Use
- Clearly explain to your child what behaviour earns a token
- Give a token immediately after the desired behaviour
- Pair tokens with praise (e.g., "Good sitting!")
- Let your child see how many tokens are needed
- Once all tokens are earned, deliver the reward immediately
- Start with fewer tokens and increase gradually as your child improves
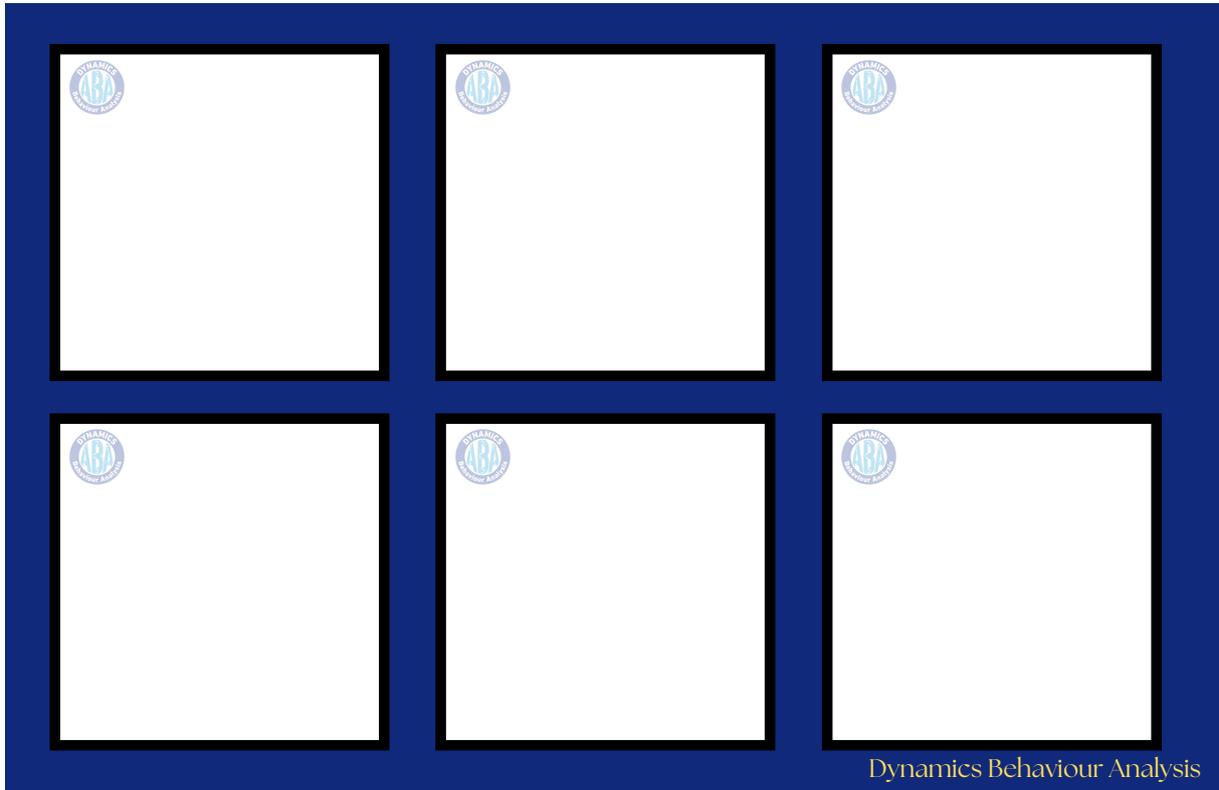
## Usage & Sharing
This resource is for personal and educational use only.
- You may print and use these materials with your children or students
- If sharing or distributing, please include this first page in full
- Selling or redistribution without credit is not permitted

To learn more about ABA services, contact us at **admin@dynamics.com.sg** to schedule a free 20 minutes phone call with our ABA team!
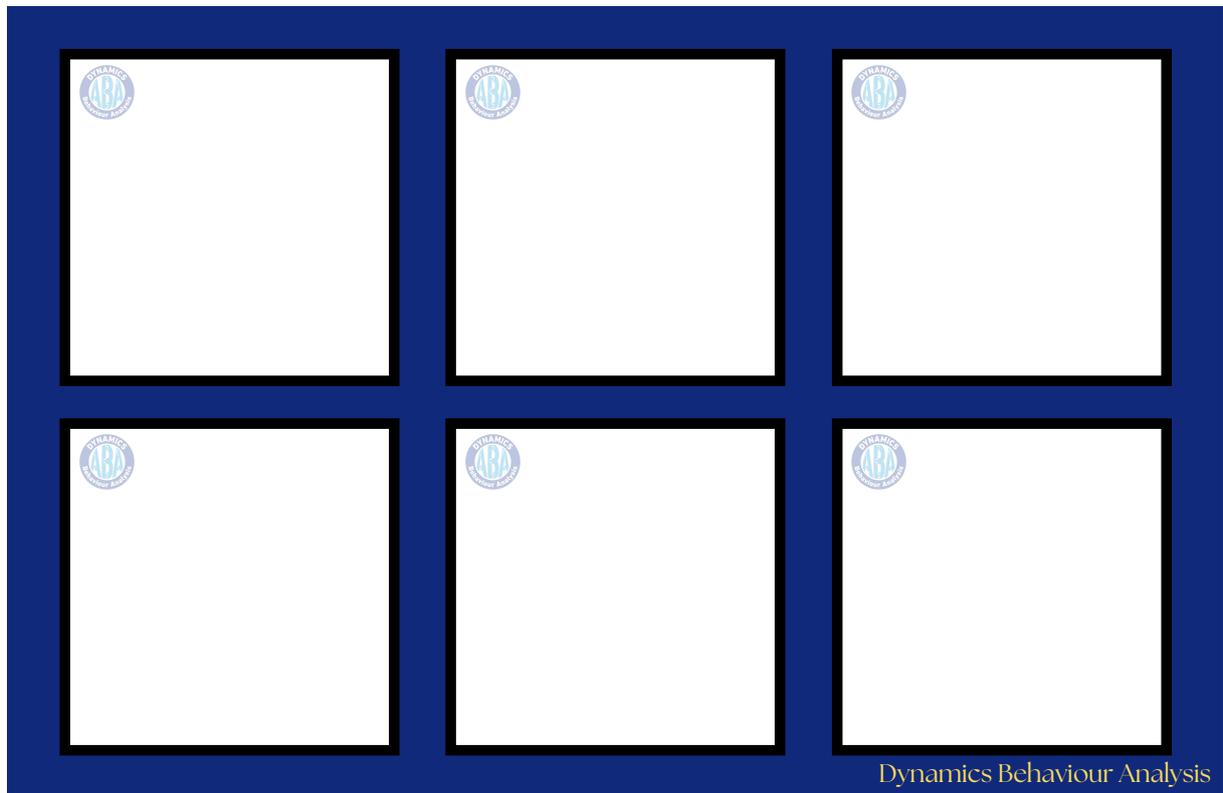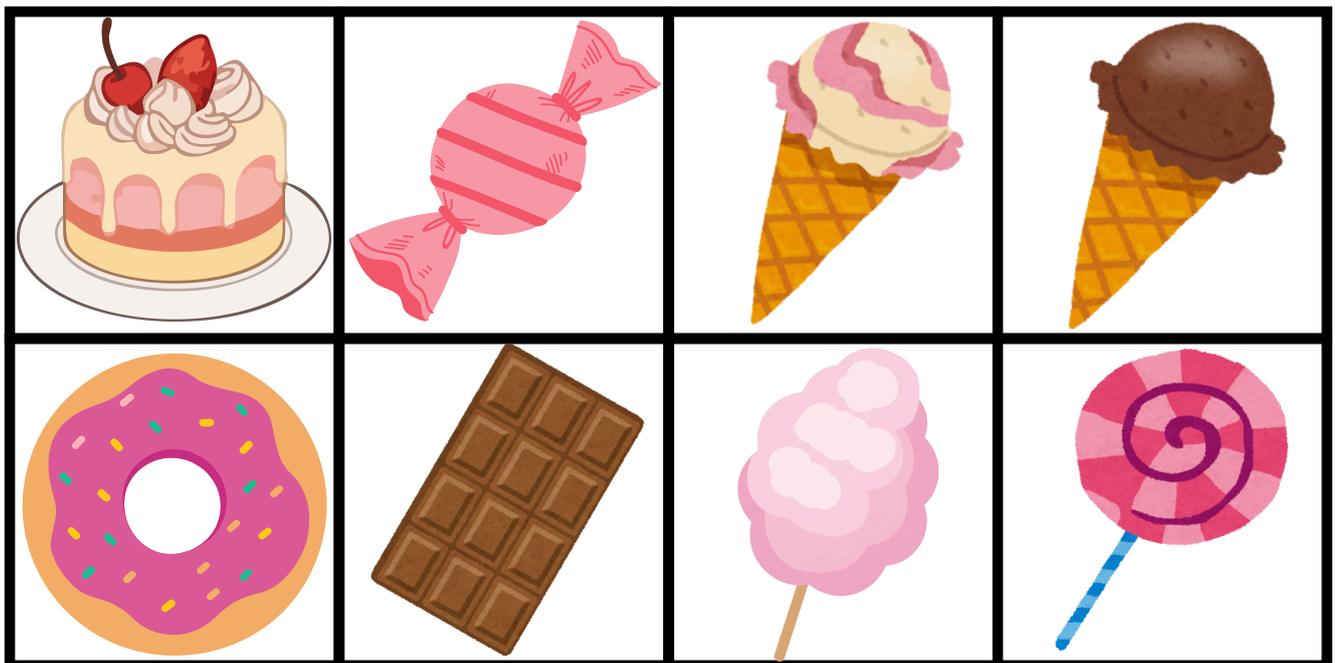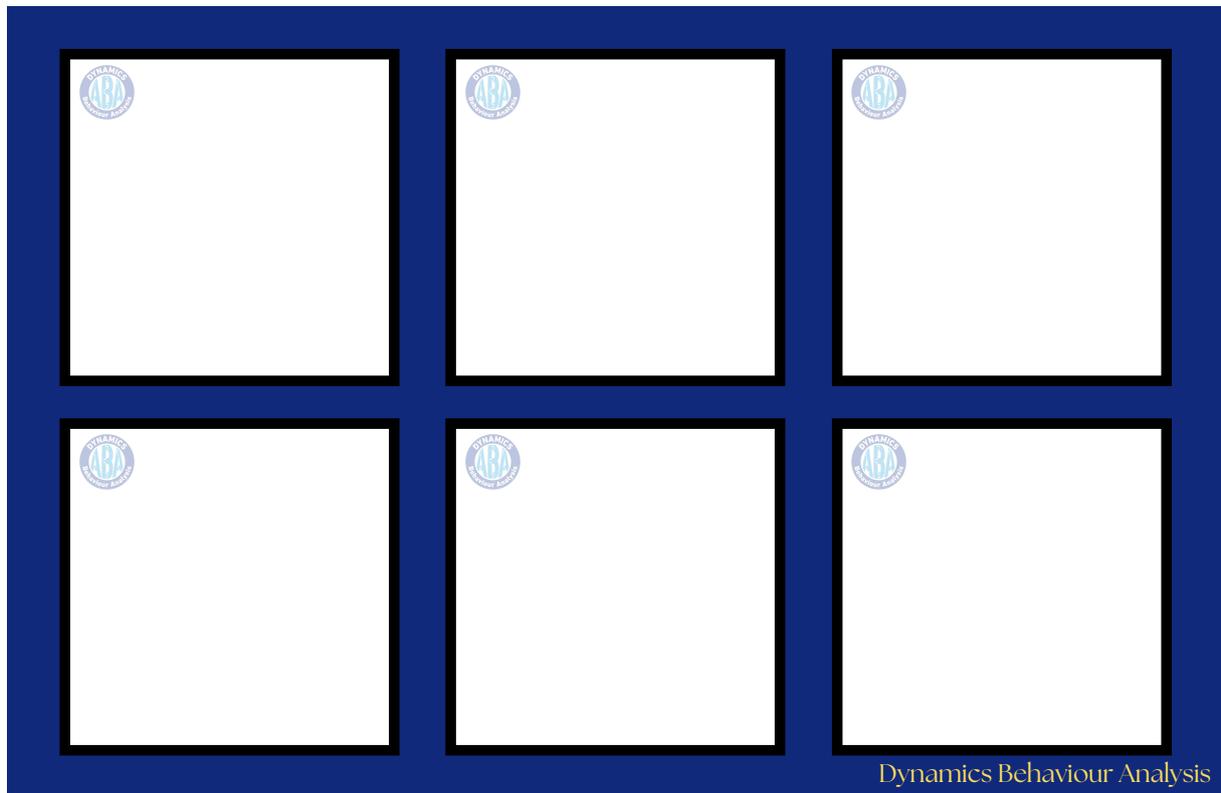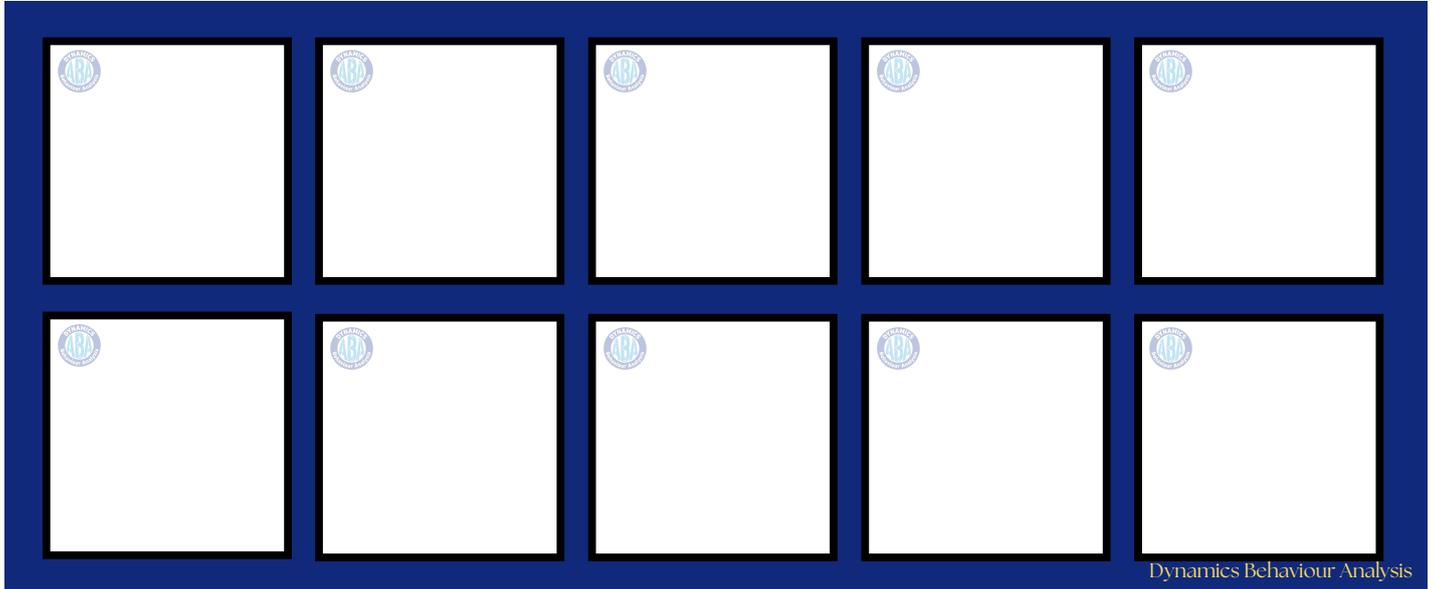
# Smile Token Board

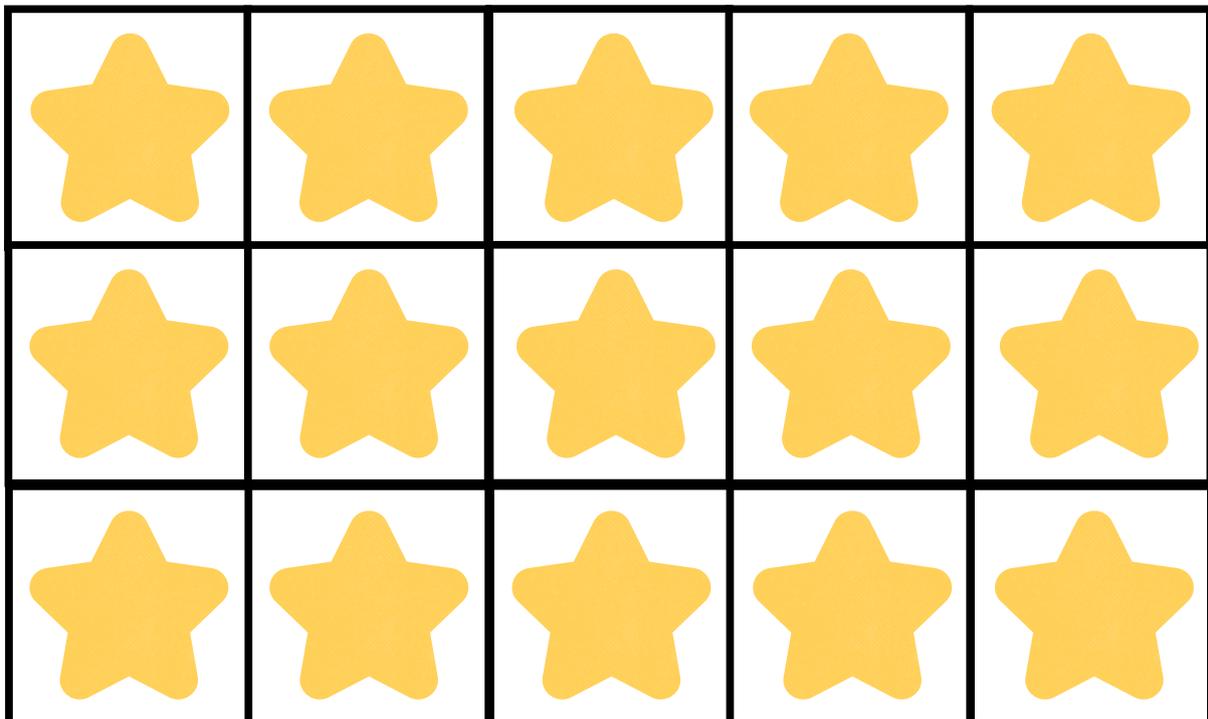Dynamics Behaviour Analysis

# Tokens with extras

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# Dessert Token Board
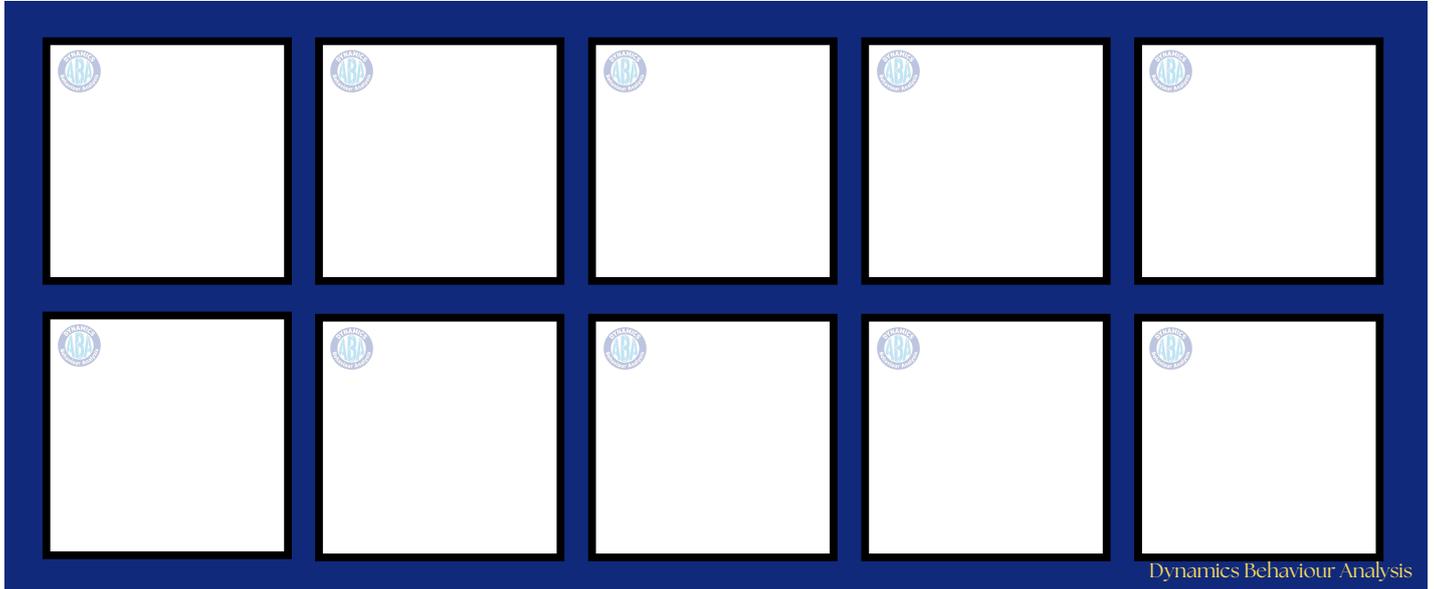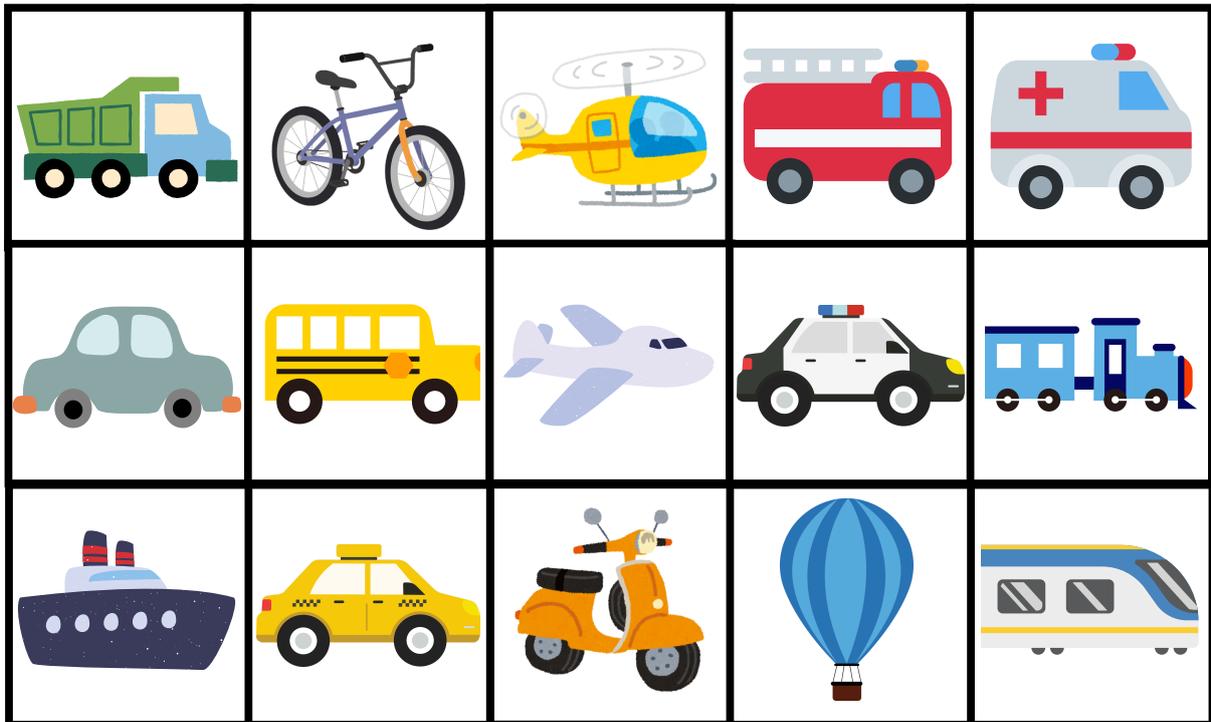


Dynamics Behaviour Analysis

# Tokens with extras



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# Car Token Board

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# Stars Token Board

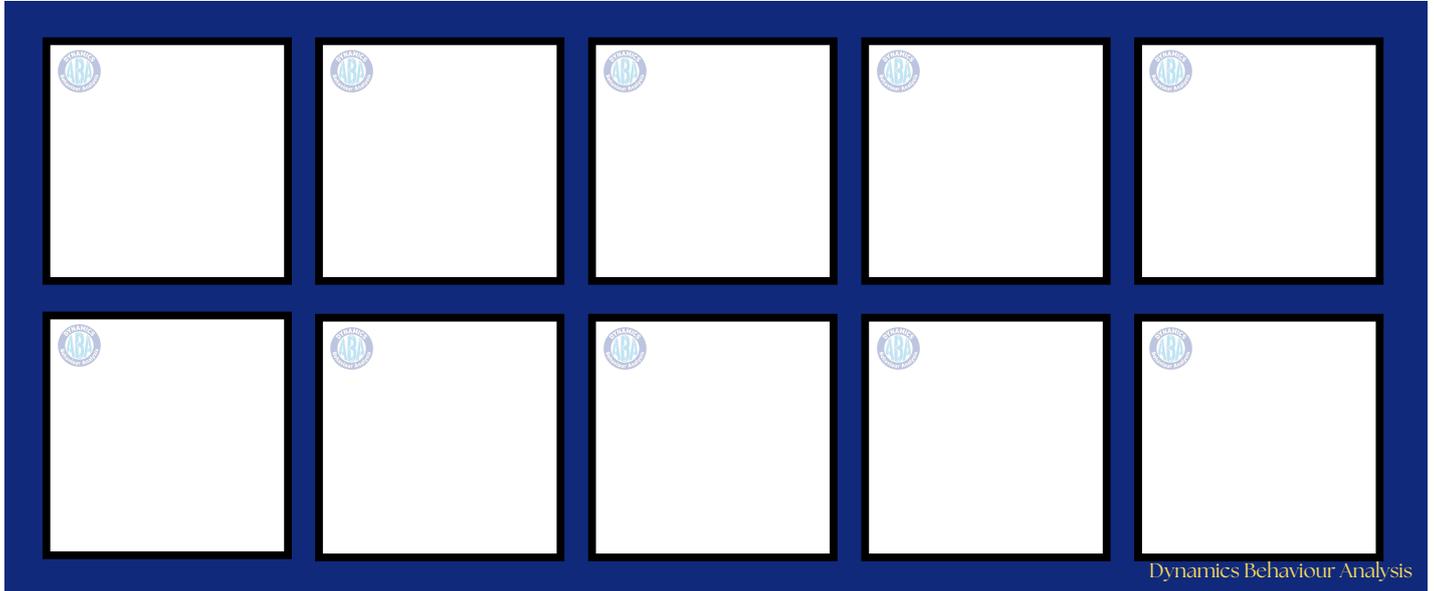# Tokens with extras

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# Transport Token Board



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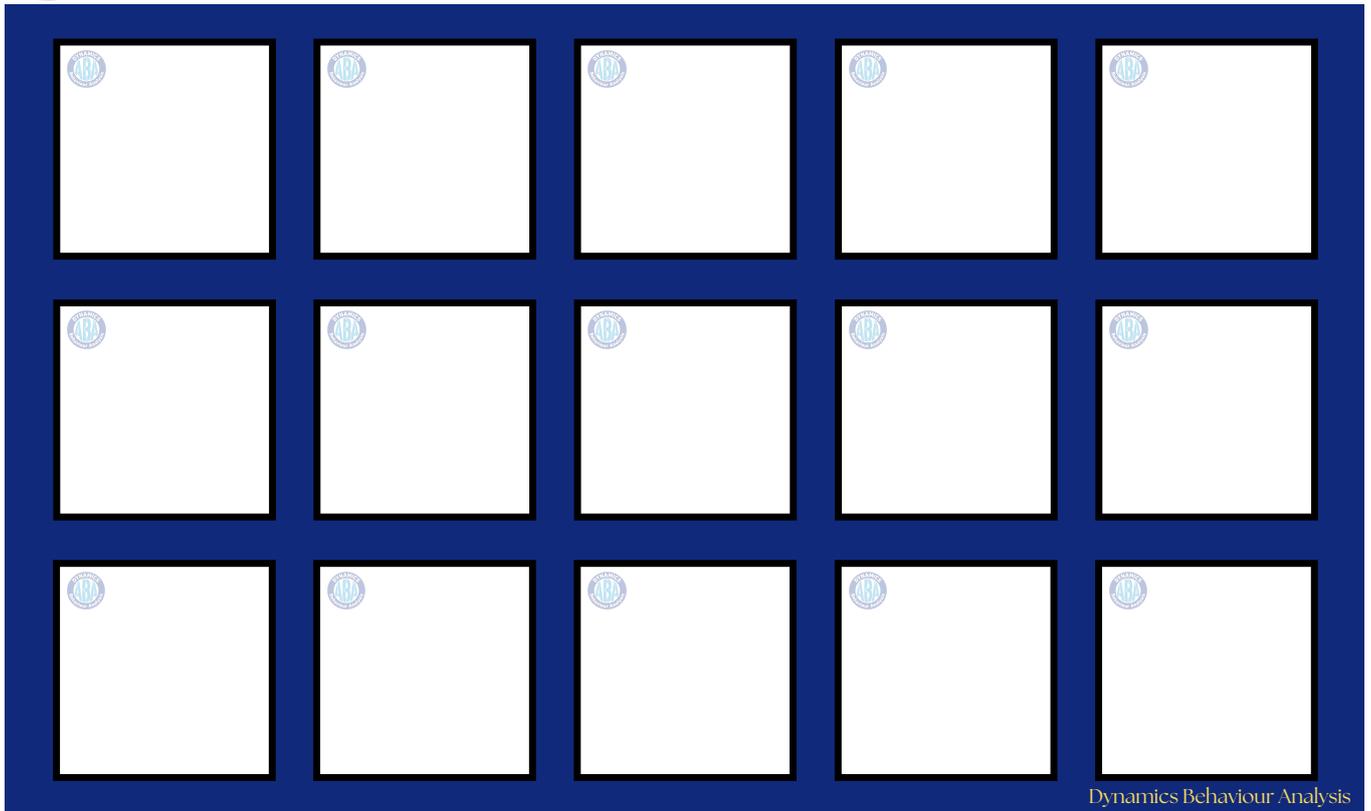
# Tokens with extras



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# Fantasy Token Board



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# Tokens with extras



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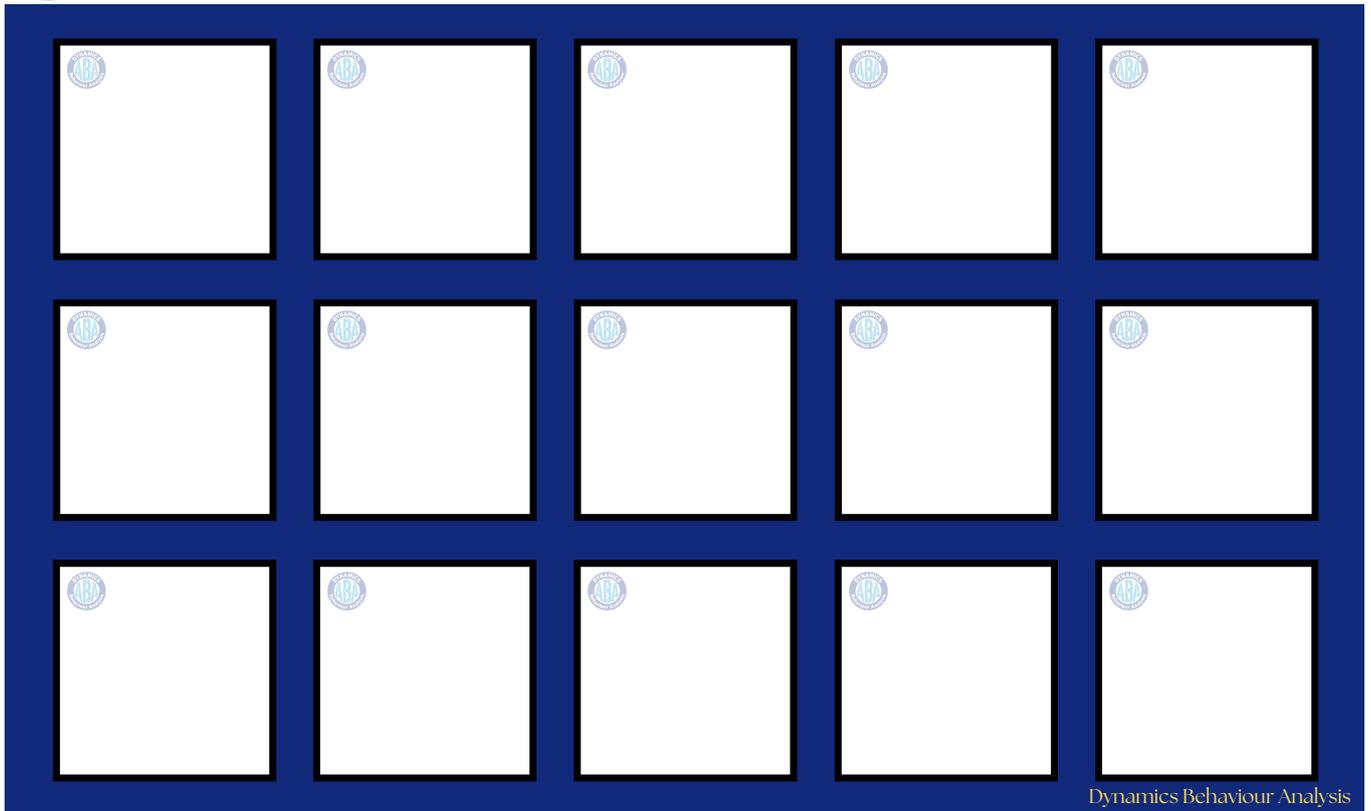
# Animals Token Board
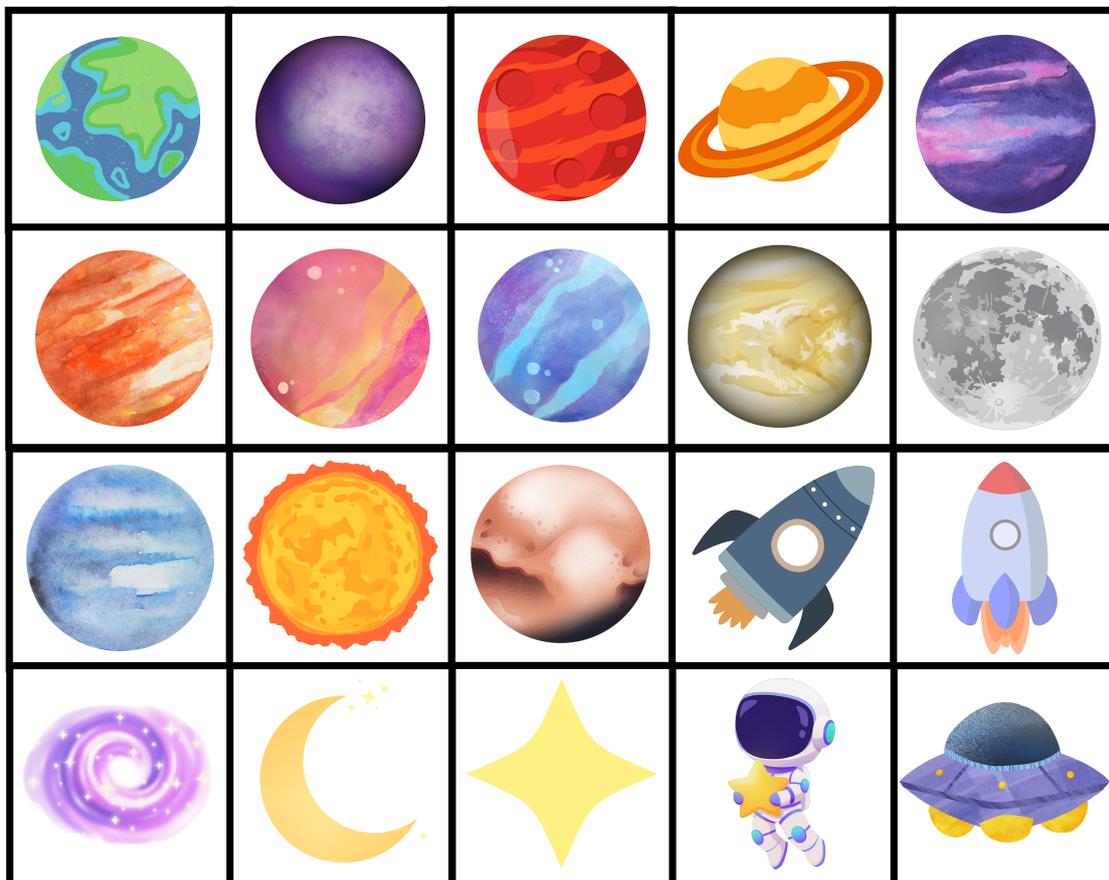


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# Space Token Board
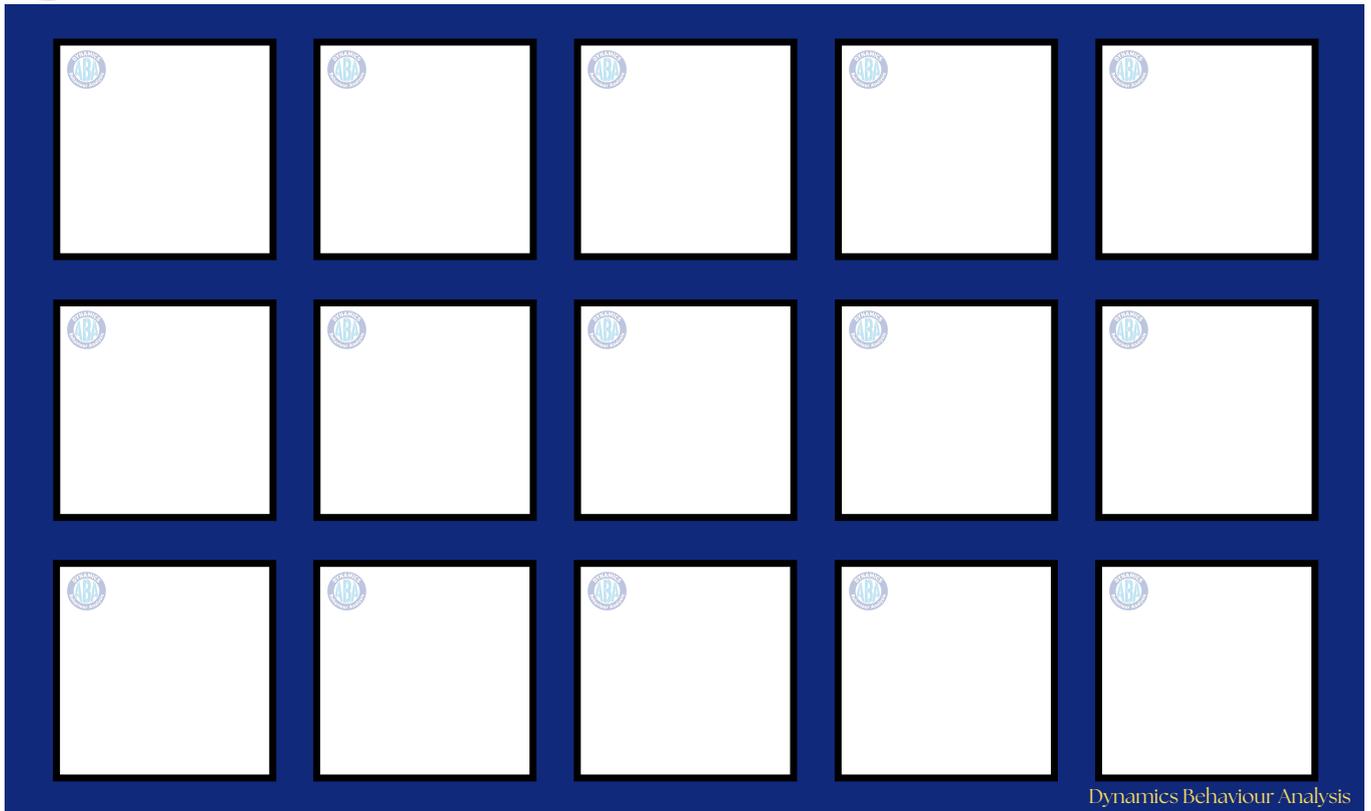
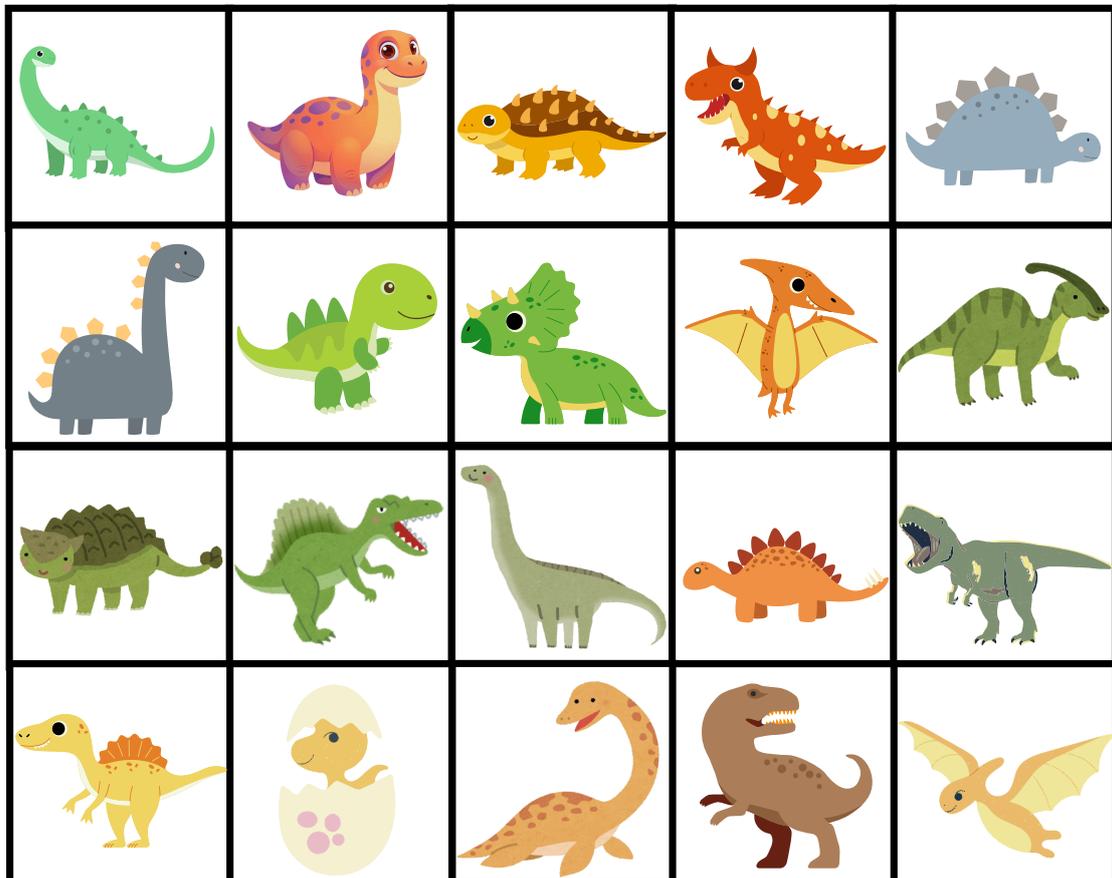Dynamics Behaviour Analysis

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# Dinosaur Token Board
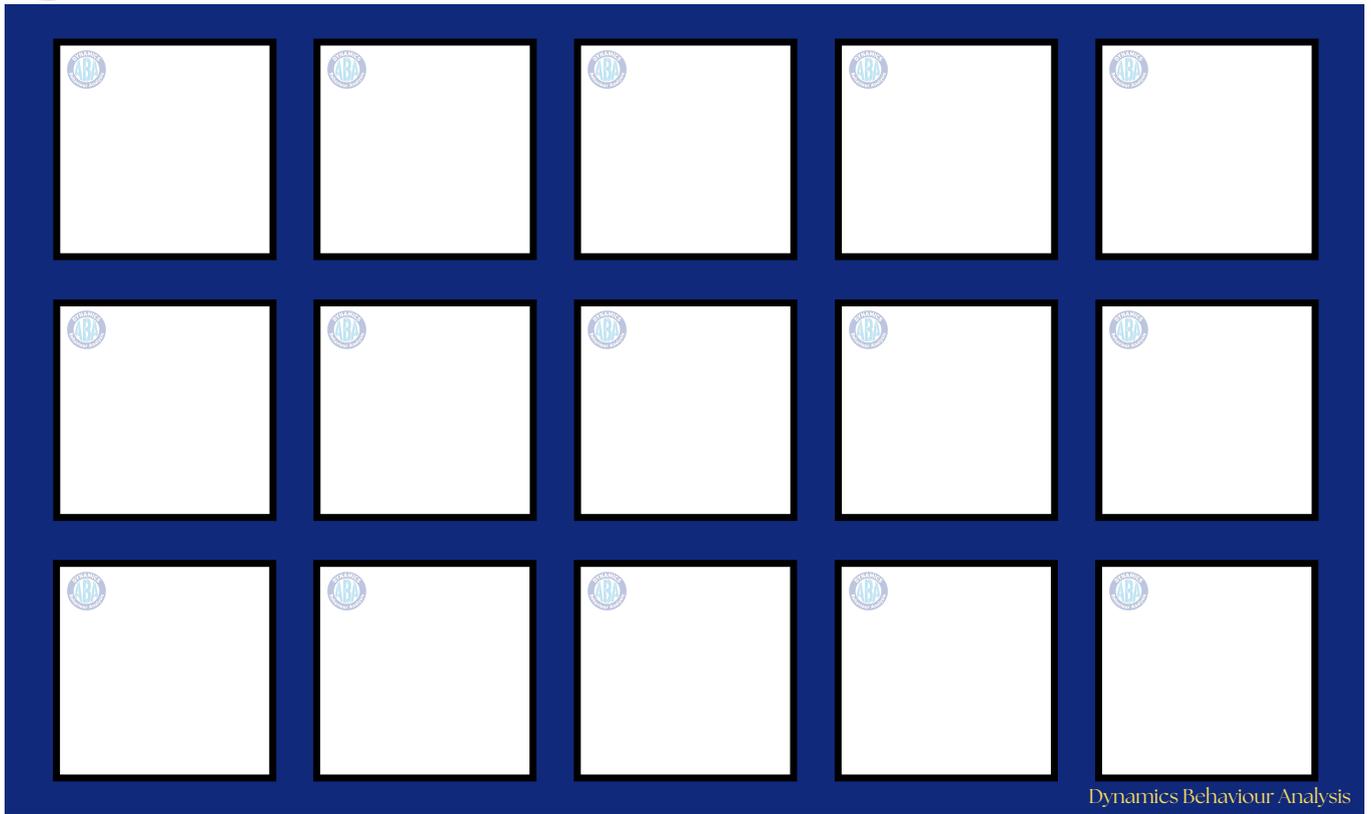


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# Flower Token Board

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