

Daily Routines Visual

Washing Hands • Brushing Teeth • Toileting • Showering

About This Resource

This set of visual supports is designed using Applied Behavior Analysis (ABA) principles to help children understand and follow daily routines independently. These visuals can be used at home, in school, or in therapy settings to support learning, predictability, and independence.

What's Included

This resource includes visuals for the following routines:

- Washing Hands
- Brushing Teeth
- Going to the Toilet
- Showering

To support different learning needs:

- **Washing Hands** includes both real-life and animated visuals (suitable for different age groups and preferences)
- **Brushing Teeth, Toilet, and Showering** include both boy and girl versions for you to choose from

How to Use

- Print and laminate for durability
- Place visuals near the relevant area (e.g., sink, bathroom)
- Go through each step with your child
- Use consistent prompting and gradually fade support
- Reinforce your child for completing steps independently

Usage & Sharing

This resource is for personal and educational use only.

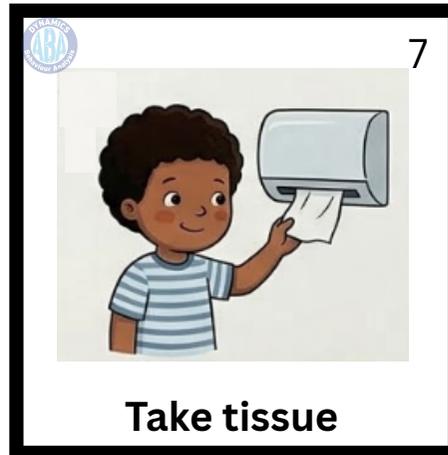
- You may print and use these materials with your children or students
- If you wish to share or distribute this resource, please include this first page in full
- Selling or redistribution without credit is not permitted

To learn more about ABA services, contact us at admin@dynamics.com.sg to schedule a free 20 minutes phone call with our ABA team!

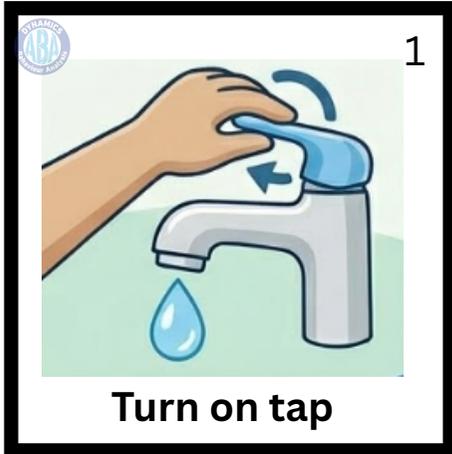
Washing Hands



Washing Hands



Washing Hands



Brushing Teeth



1

Take toothbrush and toothpaste



2

Squeeze toothpaste on toothbrush



3

Brush front teeth



4

Brush left side



5

Brush right side



6

Rinse mouth



7

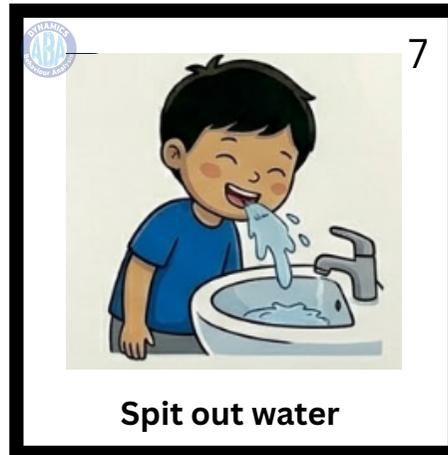
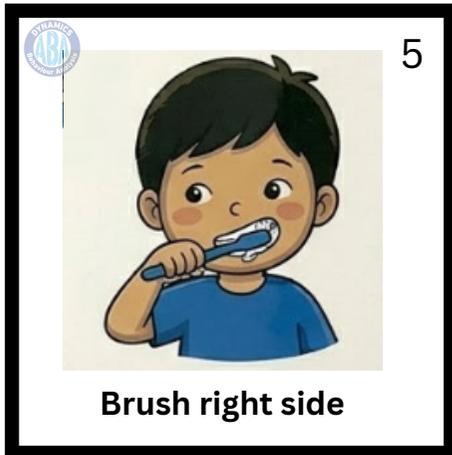
Spit out water



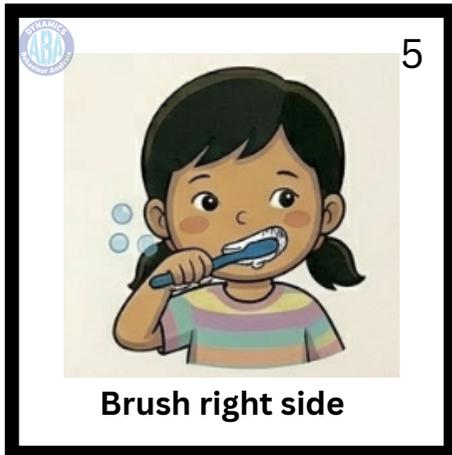
8

Put back toothbrush

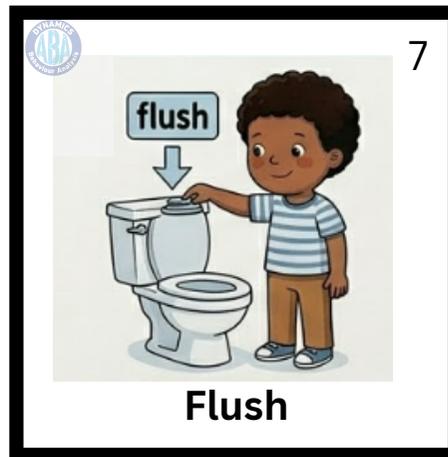
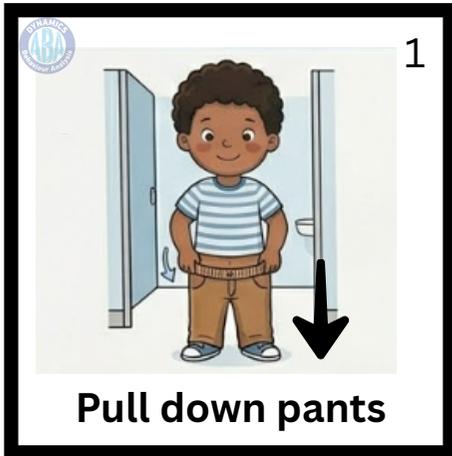
Brushing Teeth



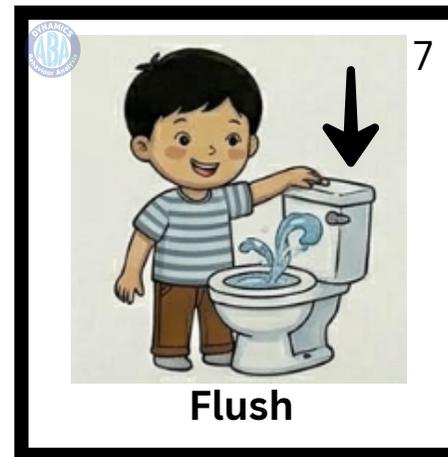
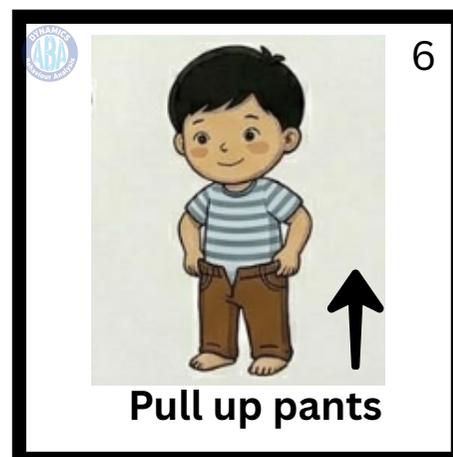
Brushing Teeth



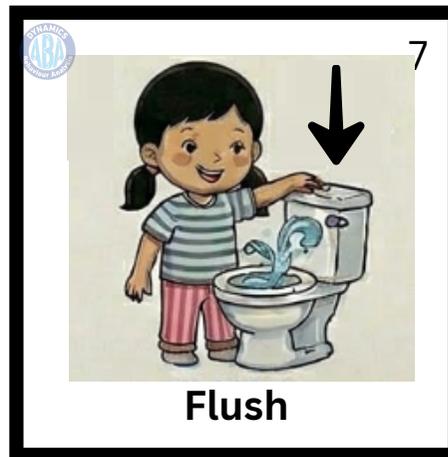
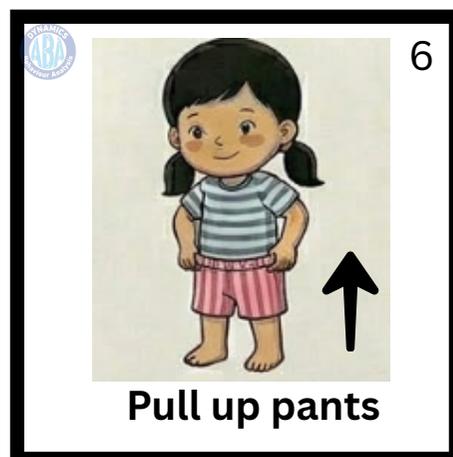
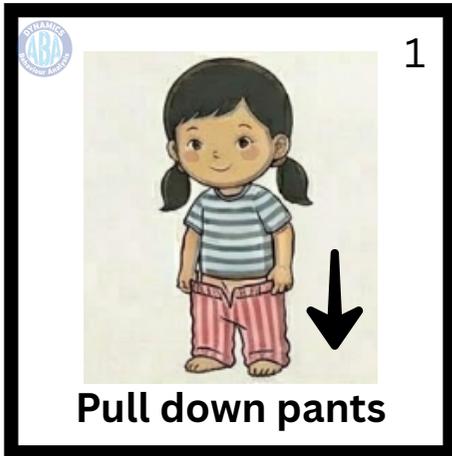
Going to the Toilet



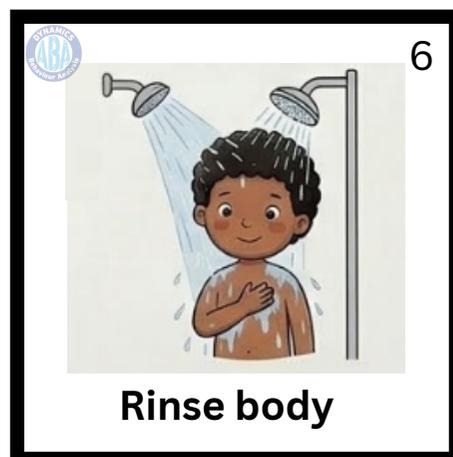
Going to the Toilet



Going to the Toilet



Showering



Showering



Showering

